

WAK FOOD

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From pristine waters to global tables

High-quality international food product supply



organic principales, scientific percision

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Our Vision

"We founded WAK Food on a simple belief: that the world deserves to experience the unparalleled quality of Myanmar's pristine inland waters. Our journey is more than logistics; it is about introducing a natural resource and delivering it with uncompromising integrity to the most sophisticated palates in Europe."

Our Philosophy:

Organic Principles, Scientific Precision

WAK Food operates as a unique hybrid. We combine traditional, low-intervention aquafarming with the meticulous Process Control and Quality Assurance of a modern industrial facility. In the premium sector, we believe "High-Value" must be synonymous with "Data-Verified." We maintain rigorous sourcing networks to ensure that freshness, reliability, and authenticity are present in every shipment.

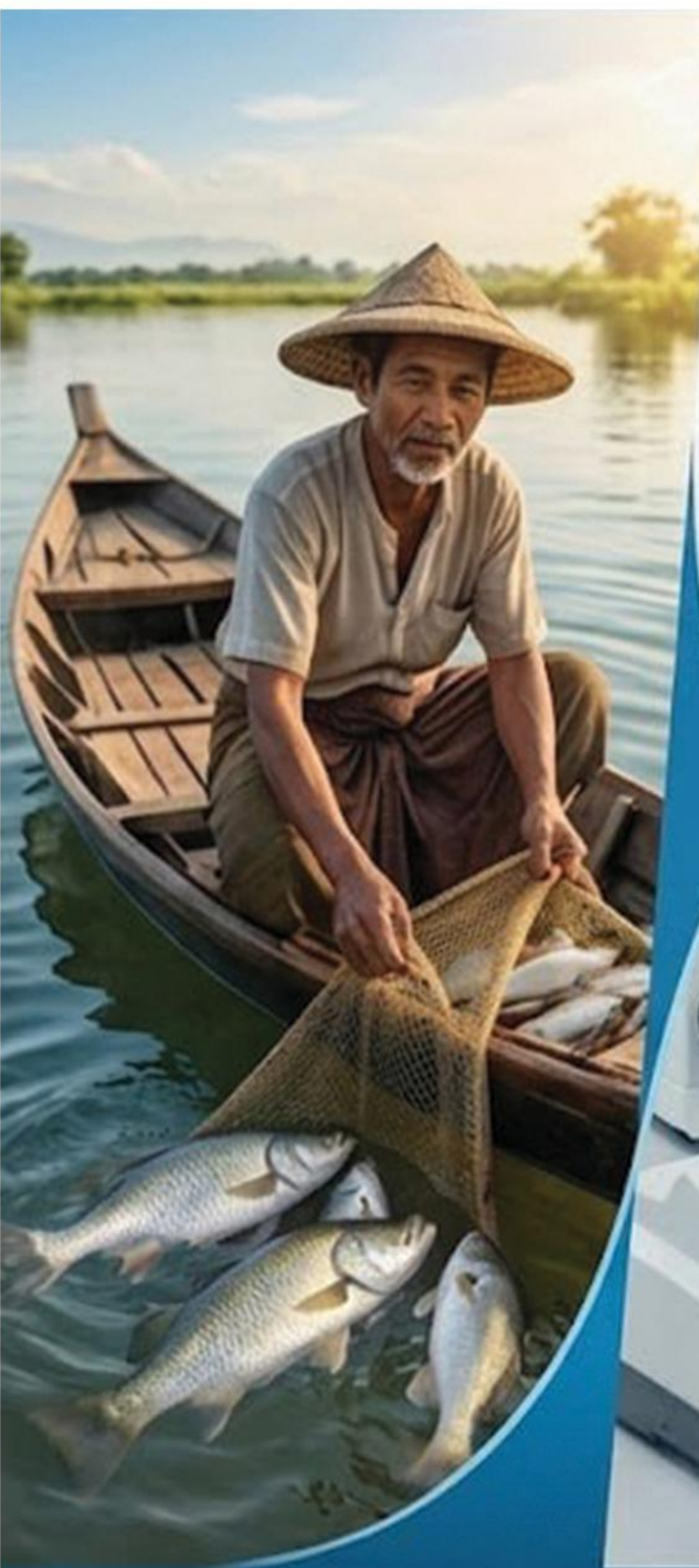


What We Do ...

High-Quality international food product supply

WAK Food's Journey:

Vertically Integrated for Trust



Source: Myanmar
Inland Pool



Scientific Precision:
QC & Traceability



Technical Expertise:
Cold Chain & Packing



The End Market:
Discerning European Palate

Quality and Technical Infrastructure

Rigorous Preprocessing with Scientific Precision
Summary processing scientific Infrastructure.

Cold Storage:
5,000 Metric Ton
-40C, | -10C
-18C | -18C



Uncompromising Technical Infrastructure
Uncompromising technical Infrastructure.

Why Choose WAK Food for Reliability and Transparency

Three key B2B value propositions include:



Direct Sourcing: Direct sourcing, natural quality international standard sourcing.



Data-Verified Quality: Evamenisin of quality and corporate otesegrity.



Full Compliance: Compliance with saatl and conformance with B2B compliance



Mr. Abdul Aziz Chairman

Mr. Abdul Aziz is the Chairman of WAK Food Myanmar Company Limited, a leading company in frozen fish processing and distribution. He also serves as Chairman of WAK Group, an international business operating in Paris since 2003, with additional FMCG manufacturing ventures in Bangladesh. Through his leadership, he has strengthened cross-border trade and built a diversified, globally connected business network.

With a forward-thinking approach and deep industry expertise, Mr. Abdul Aziz continues to drive innovation, operational excellence, and sustainable business practices across multiple markets, positioning WAK Group as a dynamic and globally connected enterprise.

Mr. Assaf Ben Rephael Chief Executive

Mr. Assaf Ben Rephael is the Chief Executive Officer of WAK Food Myanmar Company Limited, bringing over 15 years of extensive experience in the fishing and marine industries. He possesses deep exposure across the fish sector, including sourcing, processing, quality control, and international distribution. With strong operational expertise and industry insight, he leads the Myanmar operations with a dynamic and results-driven approach. Under his leadership, WAK Food Myanmar continues to strengthen its supply chain, maintain global quality standards, and expand its footprint in the frozen seafood market.



Mr. Kumar Field Quality Specialist

Mr. Kumar serves as the Field Quality Specialist at WAK Food Myanmar Company Limited, bringing a lifetime of hands-on experience in fish farming, assessment, and quality management. With deep-rooted expertise developed from an early age, he has a strong understanding of safe fish growing practices, field evaluation, and quality assurance. In his current role, he leads field operations with a focus on maintaining high standards of fish quality, ensuring compliance, and supporting sustainable sourcing practices for the company's operations.

Mr. Abdul Awal Khan Operations Manager

Mr. Abdul Awal Khan serves as the Operations Manager of WAK Food Myanmar Company Limited, bringing over 15 years of extensive experience across Bangladesh and Myanmar. With a strong background in operational management, he oversees all stages of the company's processes with direct supervision, ensuring efficiency, consistency, and adherence to high-quality standards. His practical expertise and hands-on leadership play a vital role in maintaining seamless operations and delivering excellence across the organization.



Mr. Thet Aung Hlaing Quality Control (QC) Manager

Mr. Thet Aung Hlaing serves as the Quality Control (QC) Manager at WAK Food Myanmar Company Limited. He holds a professional diploma in Quality Control Management and brings over 19 years of extensive experience in frozen fish quality control systems. With deep technical expertise and a strong commitment to international standards, he plays a key role in ensuring product quality, compliance, and food safety across all stages of processing. His dedication and precision contribute significantly to maintaining the company's reputation for excellence in the seafood industry.

World-Class Processing & Partnerships

To ensure excellence at the source, WAK Food maintains a strategic processing partnership in Myanmar with Global Lucky Fish Company Limited (GLF), a leading manufacturer of premium freshwater and seawater products.

Certifications & Approvals

We are proud to hold the industry’s most respected credentials:

- EU Approval Number (Authorized for European Export)
- ISO Certification
- HACCP & DOF HACCP
- Myanmar Investment Committee (MIC) Permit

Technical Infrastructure

Our facilities are designed to maintain the "Cold Chain" with zero margin for error, ensuring the biological integrity of our seafood.

Facility Features:

- Hygiene: Specialized anti-microbial production zones.
- Energy Security: Uninterrupted power via 630 KVA transformers and dual 550 KVA standby generators.
- Freezing Technology: State-of-the-art Plate Freezers and 1st Class Blast Freezers.
- Climate Control: European-standard cooling systems.
- Sustainability: In-house Water Treatment Plant (WTP) for responsible processing.
- Quality Oversight: A dedicated, 24/7 Quality Control Team.

Cold Storage Capacity:

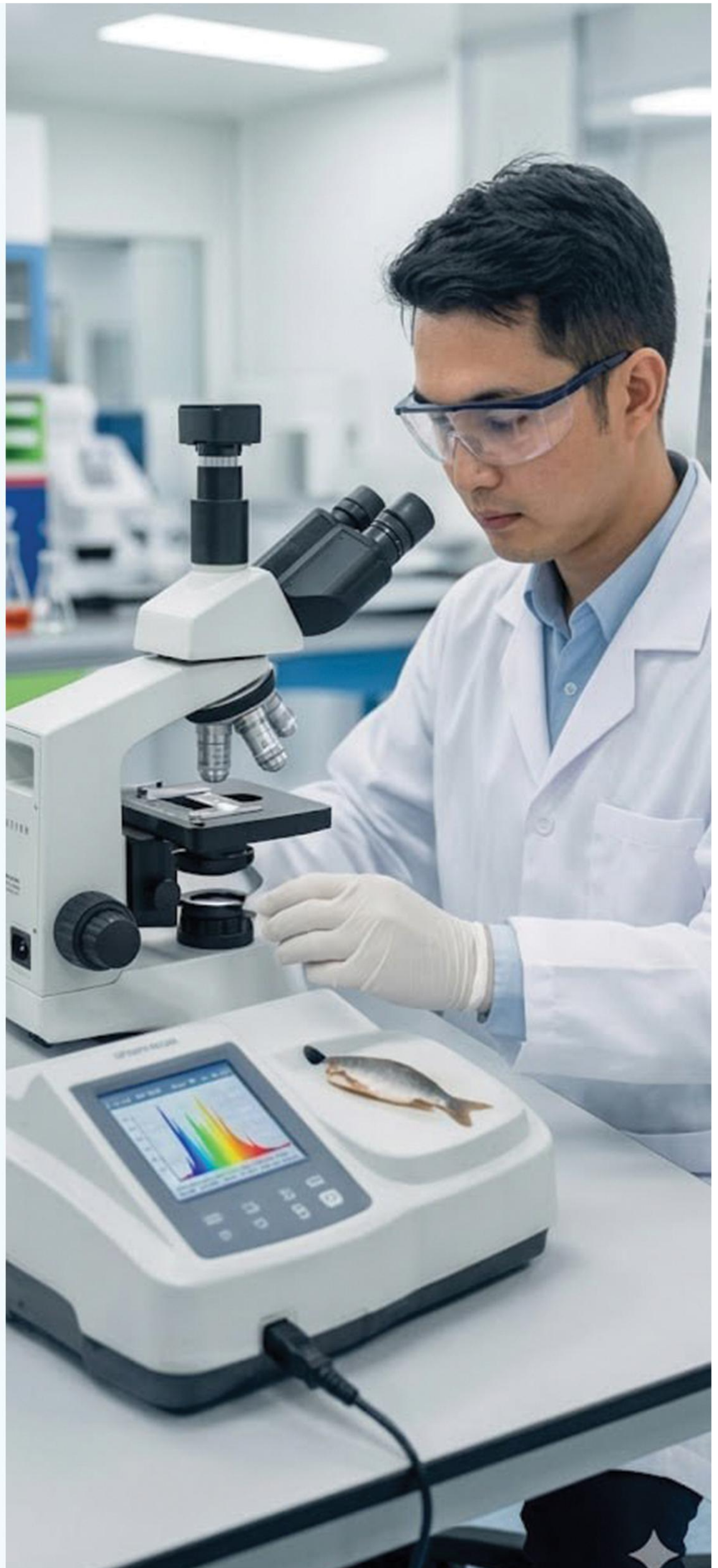
Metric	Specification
Total Capacity	5,000 Metric Tons
Blast Freezing	-40°C
Deep Storage	-18°C



Uncompromising Standards

Together, we have developed a high-level Standard Operating Procedure (SOP) for every production phase. Our expert professional team ensures strict compliance with international food safety regulations.

Transparency is our policy: We warmly invite prospective partners to visit our facilities to personally inspect our state-of-the-art operations.



Name : The Magur Fish
Scientific name: *Clarias magur*
Bangla name : মাগুর মাছ



Gutten & Cleaned, Ready to Cook

Size Chart Packing

SIZE	PACK	TYPE	MC
80GM TO 100GM	500GM	IQF	10KG
100GM TO 200 GM	500GM	IQF	10KG
Season	Nov / Dec / Jan / Feb		

The Magur also known as Walking Catfish, is a freshwater species native to South and Southeast Asia. It is highly valued for its firm, meaty texture, rich nutritional content, and high protein levels.

Name : The Shing Fish
Scientific name: *Heteropneustes fossilis*
Bangla name : শিং মাছ

Gutted & Cleaned, Ready to Cook

Size Chart Packing

SIZE	PACK	TYPE	MC
70GM TO 100GM	500GM	IQF	10KG
100GM TO 200 GM	500GM	IQF	10KG
Season	Nov / Dec / Jan / Feb		



The Shing fish is a highly popular freshwater stinging catfish native to South Asia, particularly Bangladesh, Myanmar and India. Its lean protein, high iron content, and medicinal value, often being recommended for individuals to recover from illness or anemia.

Name : The Koi Fish
Scientific name: *Anabas testudineus*
Bangla name : কৈ মাছ



Gutted & Cleaned, Ready to Cook

Size Chart Packing

SIZE	PACK	TYPE	MC
80GM TO 100GM	500GM	IQF	10KG
100GM TO 200 GM	500GM	IQF	10KG
200GM TO 300GM	1KG	IQF	10KG
Season	Nov / Dec / Jan / Feb		

The Koi fish commonly known as climbing perch, is a popular freshwater fish widely found in South and Southeast Asia, including Bangladesh, India, Myanmar and Thailand. It is highly valued for its firm texture, rich flavor, and high nutritional content.

Name : The Kolisha Fish
Scientific name: *Trichogaster Fasciata*
Bangla name : খলিশা মাছ

Gutted & Cleaned, Ready to Cook



Size Chart Packing

SIZE	PACK	TYPE	MC
50GM TO 80GM	500GM	IQF	10KG
1100GM UP	500GM	IQF	10KG
Season	Nov / Dec / Jan / Feb		

The Kolisha fish also spelled Khalisa or Kholishe, is a popular freshwater fish native to South Asia. It is prized for its delicate texture, mild flavor, and suitability for a variety of traditional dishes, making it a well-loved choice in regional cuisine.

Name : The Star Baime Fish
Scientific name: *Mastacembelus unicolor*
Bangla name : তারা বাইম মাছ

Whole / Leaf Cutted

Size Chart Packing

SIZE	PACK	TYPE	MC
100GM to 250GM	300GM	STEAK	6KG
Season	Dec / Jan / Feb / Mar		



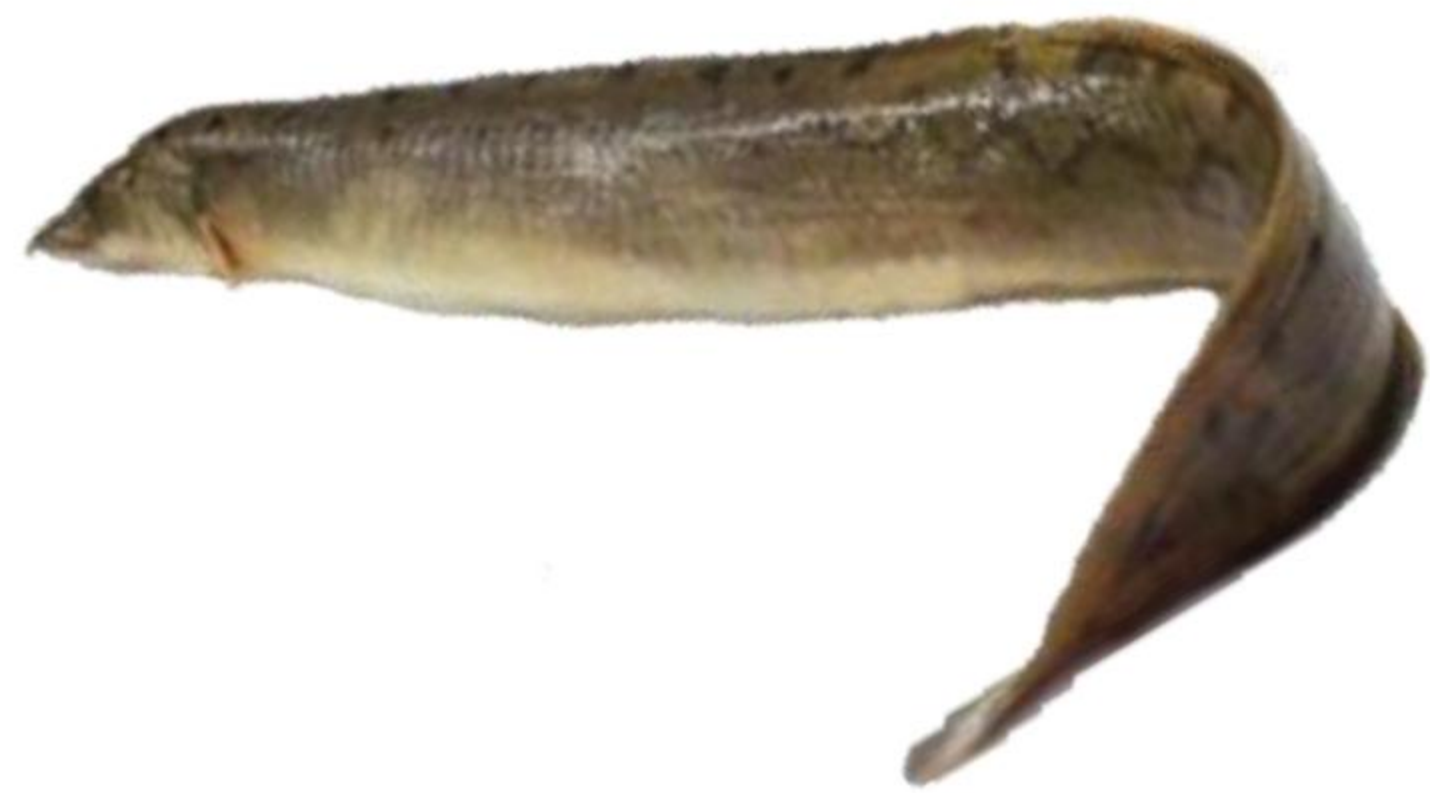
The Star Baime also known as Star Baim, is a freshwater spiny eel native to South and Southeast Asia. It is valued for its firm, elongated body, mild flavor, and high protein content, making it ideal for traditional curries.

Name : The Long Baim Fish
Scientific name: *Mastacembelus armatus*
Bangla name : বাইম মাছ

Steak, Ready to cook

Size Chart Packing

SIZE	PACK	TYPE	MC
250GM to 500GM	300GM	STEAK	6KG
Season	Dec / Jan / Feb / Mar		



The Long Baim also known as Zig-Zag Eel or Large Baime, is a freshwater eel native to South and Southeast Asia. It is valued for its firm, meaty texture, mild flavor, and high protein content, making it ideal for frying, steaming, or preparing in curries.

Name : The Mola Fish
Scientific name: *Amblypharyngodon mola*
Bangla name : মলা মাছ

Head Less /Head On, Ready to cook



Size Chart Packing

SIZE	PACK	TYPE	MC
10GM TO 20GM	250GM	TRAY	6KG
Season	May / June / July / Aug		

The **Moila fish** also known as Indian Carplet, is a small, nutrient-rich freshwater fish native to South Asia, particularly Bangladesh, India, and Myanmar. It is highly valued for its rich nutritional content, delicate flavor, and small size, making it a staple in Bengali cuisine and ideal for traditional dishes.

Name : The Baila Fish
Scientific name: *Glossogobius giuris*
Bangla name : বাইলা মাছ

Whole / Gutted

Size Chart Packing

SIZE	PACK	TYPE	MC
50GM TO 80GM	250GM	TRAY	6KG
Season	Through out the year		



The **Baila fish** commonly known as Bele Mach in Bengali, is a freshwater fish native to South Asia. It is highly valued for its delicate texture, mild and slightly sweet flavor, and suitability for a variety of traditional dishes.

Name : The Chela Pata Fish
Scientific name: *Chela cachius*
Bangla name : চেলা পাতা মাছ

Head Less /Head On, Ready to cook



Size Chart Packing

SIZE	PACK	TYPE	MC
5GM TO 15GM	250GM	TRAY	6KG
Season	May / June / July / Aug		

The **Chela Pata** is a small freshwater fish belonging to the family Cyprinidae, native to South Asia. It is valued for its delicate texture, mild flavor, and suitability for traditional South Asian cooking.

Name : The Batashi Fish
 Scientific name: *Pachypterus atherinoides*
 Bangla name : বাতাসী মাছ

Head Less /Head On, Ready to cook



Size Chart Packing

SIZE	PACK	TYPE	MC
10GM TO 20GM	250GM	TRAY	6KG
Season	May / June / July / Aug		

The **Batashi fish** also spelled Batasi, is a small, silver-scaled freshwater fish native to the rivers and canals of South Asia. It is highly valued for its delicate texture, rich flavor, and high nutritional content, making it a staple in traditional Bengali cuisine.

Name : The Chapila Fish
 Scientific name: *Gonialosa spp*
 Bangla name : চাপিলা মাছ

whole / Gutted

Size Chart Packing

SIZE	PACK	TYPE	MC
50GM TO 100GM	500GM	TRAY	6KG
Season	Dec / Jan / Feb / Mar		



The **Chapila** also known as Khoyra, is a small, silvery freshwater fish belonging to the gizzard shad family. It is widely distributed across rivers, floodplains, and ponds throughout South Asia. It offers high nutritional value, being a rich source of protein, essential fatty acids, and micronutrients.

Name : The Chiring Fish
 Scientific name: *Pseudapocryptes elongatus*.
 Bangla name : চিড়িং মাছ

whole with head/ Head less



Size Chart Packing

SIZE	PACK	TYPE	MC
10GM TO 20GM	250GM	TRAY	6KG
Season	Dec / Jan / Feb / Mar		

The **Chiring fish** commonly known as Goby or Keo fish, is a small, slender freshwater species widely found across South and Southeast Asia. Chiring fish is recognized for its nutritional value and growing demand in both local and regional seafood markets.

Name : The Keski Fish
Scientific name: *Corica soborna*
Bangla name : কেছকি মাছ



Head on / Head less

Size Chart Packing

SIZE	PACK	TYPE	MC
10GM TO 15GM	250GM	TRAY	6KG
Season	May / June / July / Aug		

The Keski Fish is a tiny freshwater fish found in South Asia. It belongs to the Engraulidae and is valued for its soft texture, mild taste, and high nutrition. It is commonly used in fried, steamed, and curry dishes.

Name : The Kakila Fish
Scientific name: *Xenentodon cancila*
Bangla name : কাইক্লা মাছ

Head less / Steak / Ready to cook

Size Chart Packing

SIZE	PACK	TYPE	MC
50GM TO 100GM	500GM	TRAY	6KG
Season	May / June / July / Aug		



The Kakila fish is a slender freshwater fish found in South and Southeast Asia. Known for its long, needle-like beak, it has firm flesh and a mild taste, making it ideal for frying, steaming, and traditional dishes.

Name : The D-Puti Fish
Scientific name: *Puntius sophore*
Bangla name : দেশী পুঁটি মাছ



Cleaned and ready to cook

Size Chart Packing

SIZE	PACK	TYPE	MC
60/100GM	500GM	TRAY	6KG
Season	Oct / Nov / Dec / Jan / Feb		

The D-Puti fish is a small freshwater fish found in South Asia. It is known for its soft texture, mild taste, and high nutritional value. The deshi puti variety often has a bright reddish color, making it visually appealing and popular for fried and curry dishes.

Name : The Pabda Fish
Scientific name: *Ompok pabda*
Bangla name : পাবদা মাছ

Whole and premium packed

Size Chart Packing



SIZE	PACK	TYPE	MC
5" to 7.5"	6/8 pcs	IQF	8KG
Season	Dec / Jan / Feb / Mar		

The Pabda fish is a delicate freshwater fish found in South Asia. It is prized for its soft, boneless flesh, rich taste, and high nutritional value, making it ideal for light curries and traditional dishes.

Name : The Darkina Fish
Scientific name: *Esomus danricus*
Bangla name : দারকিনা মাছ

Cleaned and ready to cook

Size Chart Packing

SIZE	PACK	TYPE	MC
5/10 GM	20/25 pcs	TRAY	6KG
Season	Nov / Dec / Jan / Feb / Mar		



The Darkina fish is a small freshwater fish widely found in rivers, ponds, and floodplains across South Asia. It is recognized for its slender body and slightly transparent appearance. It is often cooked whole and is popular in fried, dried, and light curry preparations, especially in traditional rural cuisine.

Name : The SILVER TENGRA Fish
Scientific name: *Mystus Tengara*
Bangla name : রূপালি টেংরা মাছ

Cleaned Ready to Cook

Size Chart Packing



SIZE	PACK	TYPE	MC
50GM TO 100GM	500GM	IQF	6KG
Season	Oct / Nov / Dec / Jan / Feb / Mar		

The Silver Tengra Fish is a small freshwater catfish commonly found in rivers and floodplains. It has a shiny silver body and is highly nutritious, rich in protein and Omega-3 fatty acids that support heart and brain health.

Name : The GOLDEN TENGRA Fish
Scientific name: *Mystus cavasius*
Bangla name : টেংরা মাছ



Cleaned Ready to Cook
Size Chart Packing

SIZE	PACK	TYPE	MC
50GM TO 100GM	500GM	TRAY/IQF	6KG
Season	Oct / Nov / Dec / Jan / Feb / Mar		

The **Golden Tengra Fish** is a freshwater catfish commonly found in rivers and floodplains across South Asia. It has a slightly golden or yellowish body and is highly nutritious, rich in protein and Omega-3 fatty acids that support heart and brain health.

Name : The BUJURI TENGRA Fish
Scientific name: *Mystus vittatus*
Bangla name : বুজুরি টেংরা মাছ

Cleaned Ready to Cook
Size Chart Packing

SIZE	PACK	TYPE	MC
5/10 GM	250GM	IQF	6KG
Season	Oct / Nov / Dec / Jan / Feb / Mar		



The **Bujuri Tengra Fish** is a small freshwater catfish found in rivers, canals, and floodplains across South Asia. It is highly nutritious, rich in protein and Omega-3 fatty acids, and is popular in traditional dishes, especially in curry and fried preparations.

Name : The Taki Fish
Scientific name: *Channa punctata*
Bangla name : টাকি মাছ



Whole/Gutted and Cleaned
Size Chart Packing

SIZE	PACK	TYPE	MC
100GM TO 250GM	500GM	IQF	6KG
Season	Oct / Nov / Dec / Jan / Feb		

The **Taki fish** is a popular freshwater fish found in South Asia. It is known for its firm flesh, rich taste, and high nutritional value. Taki is widely used in traditional dishes, especially in curries and fried preparations, and is also appreciated for its medicinal and health benefits.

Name : The Shoil Fish
 Scientific name: *Channa striata*
 Bangla name : শোল মাছ

Whole / Gutted

Size Chart Packing



SIZE	PACK	TYPE	MC
2 UP	8/9 pcs	IQF	20KG
3 UP	5/6 pcs	IQF	20KG
Season	Oct / Nov / Dec / Jan / Feb / Mar		

The Shoil fish is a large freshwater fish found in rivers, canals, and wetlands across South and Southeast Asia. Shoil is commonly prepared in curries, grilled, or steamed dishes, and is considered one of the most premium freshwater fish in the region.

Name : The Boal Fish
 Scientific name: *Wallago Attu*
 Bangla name : বোয়াল মাছ

whole round/ Gutted/ Steak-cut

Size Chart Packing

SIZE	PACK	TYPE	MC
1 UP	16,15,14 Pcs	IQF	20 KG
1.5 UP	12,11 Pcs	IQF	20 KG
2 UP	9,8 PCS	IQF	20 KG
3 UP	6 PCS	IQF	20 KG
4 UP	5 PCS	IQF	20 KG
5 UP	4 PCS	IQF	20 KG
6 UP	3 PCS	IQF	20 KG
7 UP	3 PCS	IQF	20 KG
8 UP	2 OR 3 PCS	IQF	20 KG
9 UP	2 OR 3 PCS	IQF	20 KG
10 UP	2 PCS	IQF	20 KG
Seasons	Oct / Nov / Dec / Jan / Feb / Mar / Apr		



The Boal fish is a large predatory freshwater fish found in rivers and lakes across South Asia. It is known for its smooth texture, rich taste, and high protein content. Boal is commonly used in spicy curries, fried dishes, and traditional recipes, and is especially popular for its soft, boneless meat when properly cooked.

Name : The Ayar Fish
Scientific name: *Sperata aor*
Bangla name : আইড় মাছ

Whole round / Gutted / Steak-cut

Size Chart Packing



SIZE	PACK	TYPE	MC
1 UP	16,15,14 Pcs	IQF	20 KG
1.5 UP	12,11 Pcs	IQF	20 KG
2 UP	9,8 PCS	IQF	20 KG
3 UP	6 PCS	IQF	20 KG
4 UP	5 PCS	IQF	20 KG
5 UP	4 PCS	IQF	20 KG
6 UP	3 PCS	IQF	20 KG
7 UP	3 PCS	IQF	20 KG
8 UP	2 OR 3 PCS	IQF	20 KG
9 UP	2 OR 3 PCS	IQF	20 KG
10 UP	2 PCS	IQF	20 KG
Seasons	Oct / Nov / Dec / Jan / Feb / Mar / Apr		

The Ayar fish is a large freshwater fish found in rivers and lakes across South Asia. It is known for its smooth, soft flesh, rich flavor, and high nutritional value. Ayar is commonly used in spicy curries and traditional dishes, and is appreciated for its boneless meat when properly prepared.

Whole round, Gutted, Steak-cut

Size Chart Packing

SIZE	PACK	TYPE	MC
5 UP	4 PCS	IQF	20 KG
6 UP	3 PCS	IQF	20 KG
7 UP	3 PCS	IQF	20 KG
8 UP	2 OR 3 PCS	IQF	20 KG
9 UP	2 OR 3 PCS	IQF	20 KG
10 UP	2 PCS	IQF	20 KG
Seasons	Oct / Nov / Dec / Jan / Feb / Mar / Apr		

Name : The Baga Ayar
Scientific name: *Bagarius bagarius*
Bangla name : বাঘাইড় মাছ



The Baga Ayar also spelled Bagha Ayer or Bagha Air, is a large freshwater catfish native to South and Southeast Asia. It is highly valued in the cuisines of Bangladesh, India, and Myanmar for its firm, meaty flesh, impressive size, and excellent taste, making it a prized choice for a variety of traditional and gourmet dishes.

Name : The Rita Fish
 Scientific name: *Rita genus*
 Bangla name : রিঠা মাছ

Whole round / Gutted / Steak-cut

Size Chart Packing



SIZE	PACK	TYPE	MC
1 UP	16,15,14 Pcs	IQF	20 KG
1.5 UP	12,11 Pcs	IQF	20 KG
2 UP	9,8 PCS	IQF	20 KG
3 UP	6 PCS	IQF	20 KG
4 UP	5 PCS	IQF	20 KG
5 UP	4 PCS	IQF	20 KG
6 UP	3 PCS	IQF	20 KG
7 UP	3 PCS	IQF	20 KG
8 UP	2 OR 3 PCS	IQF	20 KG
9 UP	2 OR 3 PCS	IQF	20 KG
10 UP	2 PCS	IQF	20 KG
Seasons	Oct / Nov / Dec / Jan / Feb / Mar / Apr		

Rita fish is a large freshwater catfish native to the rivers and estuaries of South Asia, including Afghanistan, Pakistan, India, Nepal, Bangladesh, and Myanmar. Rita is valued for its firm texture, high protein content, and suitability for a variety of traditional South Asian dishes.

Name : The Rohu Fish
 Scientific name: *Labeo rohita*
 Bangla name : রুই মাছ

Whole round, Gutted, Steak-cut

Size Chart Packing

SIZE	PACK	TYPE	MC
1 UP	16,15,14 Pcs	IQF	20 KG
1.5 UP	12,11 Pcs	IQF	20 KG
2 UP	9,8 PCS	IQF	20 KG
3 UP	6 PCS	IQF	20 KG
4 UP	5 PCS	IQF	20 KG
5 UP	4 PCS	IQF	20 KG
6 UP	3 PCS	IQF	20 KG
7 UP	3 PCS	IQF	20 KG
8 UP	2 OR 3 PCS	IQF	20 KG
9 UP	2 OR 3 PCS	IQF	20 KG
10 UP	2 PCS	IQF	20 KG
Seasons	Oct / Nov / Dec / Jan / Feb / Mar / Apr		



The Rohu is a large, silver-colored freshwater fish belonging to the carp family. Native to the rivers of South Asia, it is one of the Indian Major Carps and is highly valued for its commercial importance in aquaculture. Rohu is also widely appreciated for its excellent taste and is a popular ingredient in Bengali, Odia, and other South Asian cuisines.

Name : The Nola Fish
Scientific name: *Labeo rohita*
Bangla name : নলা মাছ

Whole round / Gutted / Steak-cut



Size Chart Packing

SIZE	PACK	TYPE	MC
700/1000 GM	10 to 12 PCS	IQF	10KG
700/1000 GM	25 to 30 PCS	IQF	25KG
Season	Oct/Nov/Dec/Jan/Feb/Mar/Apr		

The Nola fish is a small freshwater fish found in ponds, canals, and wetlands across South Asia. It is highly valued for its soft texture, mild taste, and rich micronutrient content, especially vitamin A, iron, and calcium. Nola is commonly cooked whole in fried, dried, and light curry dishes, and is an important part of traditional rural diets.

Name : The Mrigal Fish
Scientific name: *Cirrhinus cirrhosus*
Bangla name : মৃগেল মাছ

Whole round, Gutted, Steak-cut

Size Chart Packing

SIZE	PACK	TYPE	MC
1 UP	16,15,14 Pcs	IQF	20 KG
1.5 UP	12,11 Pcs	IQF	20 KG
2 UP	9,8 PCS	IQF	20 KG
3 UP	6 PCS	IQF	20 KG
4 UP	5 PCS	IQF	20 KG
5 UP	4 PCS	IQF	20 KG
6 UP	3 PCS	IQF	20 KG
7 UP	3 PCS	IQF	20 KG
8 UP	2 OR 3 PCS	IQF	20 KG
9 UP	2 OR 3 PCS	IQF	20 KG
10 UP	2 PCS	IQF	20 KG
Seasons	Oct / Nov / Dec / Jan / Feb / Mar / Apr / May		



The Mrigal fish also known as Mrigal carp or white carp, is a freshwater fish native to the rivers of the Indian subcontinent. It is one of the three Indian major carps, along with Catla and Rohu, and is widely farmed in South Asia. It is commonly used in curries, fries, and traditional South Asian fish dishes.

Name : The Kalibaush Fish
Scientific name: *Labeo calbasu*
Bangla name : কালিবাউশ মাছ

Whole Round / Gutted / Steak-cut

Size Chart Packing



SIZE	PACK	TYPE	MC
1 UP	16,15,14 Pcs	IQF	20 KG
1.5 UP	12,11 Pcs	IQF	20 KG
2 UP	9,8 PCS	IQF	20 KG
3 UP	6 PCS	IQF	20 KG
4 UP	5 PCS	IQF	20 KG
5 UP	4 PCS	IQF	20 KG
6 UP	3 PCS	IQF	20 KG
7 UP	3 PCS	IQF	20 KG
Seasons	Oct / Nov / Dec / Jan / Feb / Mar / Apr / May		

The **Kalibaush fish** is a freshwater carp found in rivers, ponds, and wetlands across South Asia. It is known for its firm flesh, rich taste, and good nutritional value. Kalibaush is commonly used in traditional curries, fried dishes, and is also appreciated in aquaculture for its steady growth and adaptability.

Name : The Pangash Fish
Scientific name: *Pangasius pangasius*
Bangla name : পাঙ্গাশ মাছ

Whole Round / Gutted / Steak-cut

Size Chart Packing

SIZE	PACK	TYPE	MC
1 UP	16,15,14 Pcs	IQF	20 KG
1.5 UP	12,11 Pcs	IQF	20 KG
2 UP	9,8 PCS	IQF	20 KG
3 UP	6 PCS	IQF	20 KG
4 UP	5 PCS	IQF	20 KG
5 UP	4 PCS	IQF	20 KG
6 UP	3 PCS	IQF	20 KG
7 UP	3 PCS	IQF	20 KG
8 UP	2 OR 3 PCS	IQF	20 KG
9 UP	2 OR 3 PCS	IQF	20 KG
10 UP	2 PCS	IQF	20 KG
Seasons	Through Out The Year		



The **Pangash fish** also known as Pangas catfish or Basa, is a species of shark catfish native to the fresh and brackish waters. It is widely farmed across South and Southeast Asia, particularly in Vietnam, making it one of the most affordable and commonly consumed fish worldwide.

Name : The Tilapia Fish
Scientific name: *Puntius sarana*
Bangla name : তেলাপিয়া মাছ

Whole / Cleaned / LGGS

Size Chart Packing



SIZE	PACK	TYPE	MC
200GM TO 300 GM	800GM	IQF (CL)	8KG
300GM TO 500GM	1KG	IQF (CL)	10KG
500GM TO 800GM	1KG	IQF (W)	10KG
800GM TO 1KG UP	1KG	IQF (W)	10KG
Season	Oct/Nov/Dec/Jan/Feb/Mar/Apr/May		

The **Tilapia fish** is a widely farmed freshwater fish found in many tropical and subtropical regions, including South and Southeast Asia. It is popular for its mild flavor, soft texture, and affordability, making it one of the most commonly consumed fish worldwide.

Tilapia is highly versatile and is used in fried, grilled, steamed, and curry dishes, and is especially valued in aquaculture due to its fast growth and adaptability.

Name : The Shor Puti Fish
Scientific name: *Puntius sarana*
Bangla name : সরপুঁটি মাছ

Whole Round

Size Chart Packing

SIZE	PACK	TYPE	MC
500GM TO 800 GM	500GM	IQF	6KG
800GM TO 1KG	1KG	IQF	10KG
1KG UP	1KG	IQF	10KG
Season	Nov / Dec / Jan / Feb / Mar / Apr		



The **Shor Puti fish** is a freshwater fish found in rivers, ponds, and floodplains across South Asia. It is known for its firm texture, mild taste, and good nutritional value, making it a popular choice in traditional diets.

Name : The Catla Fish
Scientific name: *Catla catla*
Bangla name : কাতলা মাছ

Whole Round/ Gutted/ Steak-cut
Size Chart Packing



SIZE	PACK	TYPE	MC
1 UP	6 PCS	IQF	20 KG
1.5 UP	5 PCS	IQF	20 KG
2 UP	4 PCS	IQF	20 KG
3 UP	3 PCS	IQF	20 KG
4 UP	3 PCS	IQF	20 KG
5 UP	2 OR 3 PCS	IQF	20 KG
6 UP	2 OR 3 PCS	IQF	20 KG
7 UP	2 PCS	IQF	20 KG
Seasons	Oct / Nov / Dec / Jan / Feb / Mar / Apr / May		

The **Catla Fish** is known as the Major South Asian Carp, is a freshwater fish native to the rivers and lakes. It is one of the most economically important aquaculture species in South Asia due to its rapid growth rate and strong consumer demand.

Name : The Bata Fish
 Scientific name: *Puntius sarana*
 Bangla name : বাটা মাছ



Whole round/ Cleaned and Ready to cook

Size Chart Packing

SIZE	PACK	TYPE	MC
150/300 GM	500GM	IQF	6KG
Season	Jul / Aug / Sep		

The **Bata fish** is a popular freshwater fish widely found in rivers, ponds, and floodplains across South Asia, including Myanmar, Bangladesh, and India. It prefers slowmoving or still water and is often found together with other carps like Rohu and Mrigal.

Name : The Bacha Fish
 Scientific name: *Eutropiichthys vacha*
 Bangla name : বাচা মাছ

Whole round/Cleaned and Ready to cook

Size Chart Packing

SIZE	PACK	TYPE	MC
150/300 GM	500GM	TRAY	6KG
Season	Jul / Aug / Sep / Oct		



The **Bacha fish** is a popular freshwater catfish found in rivers across South Asia. It is known for its soft, oily flesh and rich flavor, making it highly preferred for curries and fried dishes.

Name : The Kajuli Fish
 Scientific name: *Ailia coila*
 Bangla name : কাজলি মাছ



Whole round/ Cleaned and Ready to cook

Size Chart Packing

SIZE	PACK	TYPE	MC
20/50 GM	500GM	TRAY	6KG
Season	Jul / Aug / Sep		

The **Kajuli fish** is a small freshwater catfish found in rivers across South Asia. It is known for its soft texture and delicate taste, making it popular in traditional curries and fried dishes.

Name : The Chewa Fish
Scientific name: *Ailia coila*
Bangla name : চেওয়া মাছ

Cleaned and steaked ready to cook



Size Chart Packing

SIZE	PACK	TYPE	MC
100/150GM	250GM	TRAY	6KG
Season	Jun / Jul / Aug / Sep		

The **Chewa fish** also known as pool barb or Jat Punti, is a small freshwater fish commonly found in rivers, ponds, and floodplains.

Name : The Indian Mackerel Fish
Scientific name: *Rastrelliger kanagurta*
Bangla name : আইলা মাছ

Whole round

Size Chart Packing

SIZE	PACK	TYPE	MC
150/300 GM	250GM	IQF	6KG
Season	Oct / Nov / Dec / Jan		



The **Indian Mackerel** is a highly nutritious marine fish, especially rich in Omega-3 fatty acids, which are essential for heart health, brain function, and reducing inflammation.

Name : The Pomfret Fish
Scientific name: *Stromateidae*
Bangla name : রূপচাঁদা মাছ

Whole round/ Cleaned and Ready to cook

Size Chart Packing



SIZE	PACK	TYPE	MC
200GM TO 300 GM	800GM	IQF (W)	8KG
300GM TO 500GM	1KG	IQF (W)	10KG
500GM TO 800GM	1KG	IQF (W)	10KG
800GM TO 1KG UP	1KG	IQF (W)	10KG
Season	Oct/Nov/Dec/Jan/Feb/Mar/Apr		

The **Pomfret fish** is a highly prized saltwater fish native to the coastal waters of South and Southeast Asia. It is celebrated for its delicate, buttery flavor, soft and flaky white flesh, and minimal bone structure, making it ideal for frying, steaming, grilling, and traditional dishes.

Name : The KORAL Fish
 Scientific name: *Lutjanus Argentimaculatus*
 Bangla name : ভেটকি মাছ

Whole Round Size Chart Packing



SIZE	PACK	TYPE	MC
1 UP	16,15,14 Pcs	IQF	20 KG
1.5 UP	12,11 Pcs	IQF	20 KG
2 UP	9,8 PCS	IQF	20 KG
3 UP	6 PCS	IQF	20 KG
4 UP	5 PCS	IQF	20 KG
5 UP	4 PCS	IQF	20 KG
6 UP	3 PCS	IQF	20 KG
7 UP	3 PCS	IQF	20 KG
8 UP	2 OR 3 PCS	IQF	20 KG
9 UP	2 OR 3 PCS	IQF	20 KG
10 UP	2 PCS	IQF	20 KG
Seasons	Oct / Nov / Dec / Jan / Feb / Mar		

The Koral fish is a popular marine reef fish found in coastal waters of South and Southeast Asia. It is highly valued for its firm white flesh, rich taste, and good nutritional quality. It is highly valued for its firm white flesh, rich taste, and good nutritional quality.

Name : The LOTIA Fish
 Scientific name: *Harpadon Nehereus*
 Bangla name : লইট্টা মাছ

Cleaned Ready to Cook

Size Chart Packing

SIZE	PACK	TYPE	MC
200GM TO 300 GM	800GM	IQF	8KG
Season	Oct / Nov / Dec / Jan / Feb / Mar / Apr		



The Lotia fish is a soft-bodied marine fish found mainly in coastal waters of the Indian Ocean and Bay of Bengal. It is known for its soft texture, strong flavor, and high popularity in dried fish products.

Name : The TOPSHE Fish
Scientific name: *Polynemus Paradiseus*
Bangla name : তপসী মাছ



Whole Round
Size Chart Packing

SIZE	PACK	TYPE	MC
200GM TO 300 GM	800GM	IQF	8KG
Season	Nov / Dec / Jan / Feb / Mar / Apr		

The Topshe fish is a delicate marine and brackish-water fish highly popular in Bangladesh and coastal South Asia. It is known for its mild flavor, soft white flesh, and excellent taste when fried or lightly cooked.

Name : The SARAR Fish
Scientific name: *Sardinella Longiceps*
Bangla name : ছুরি মাছ

Whole Round
Size Chart Packing

SIZE	PACK	TYPE	MC
100GM TO 200 GM	500GM	IQF (W)	6KG
200GM TO 300GM	800GM	IQF (W)	8KG
300GM TO 500GM	1KG	IQF (W)	10KG
Season	Oct / Nov / Dec / Jan / Feb / Mar / Apr		

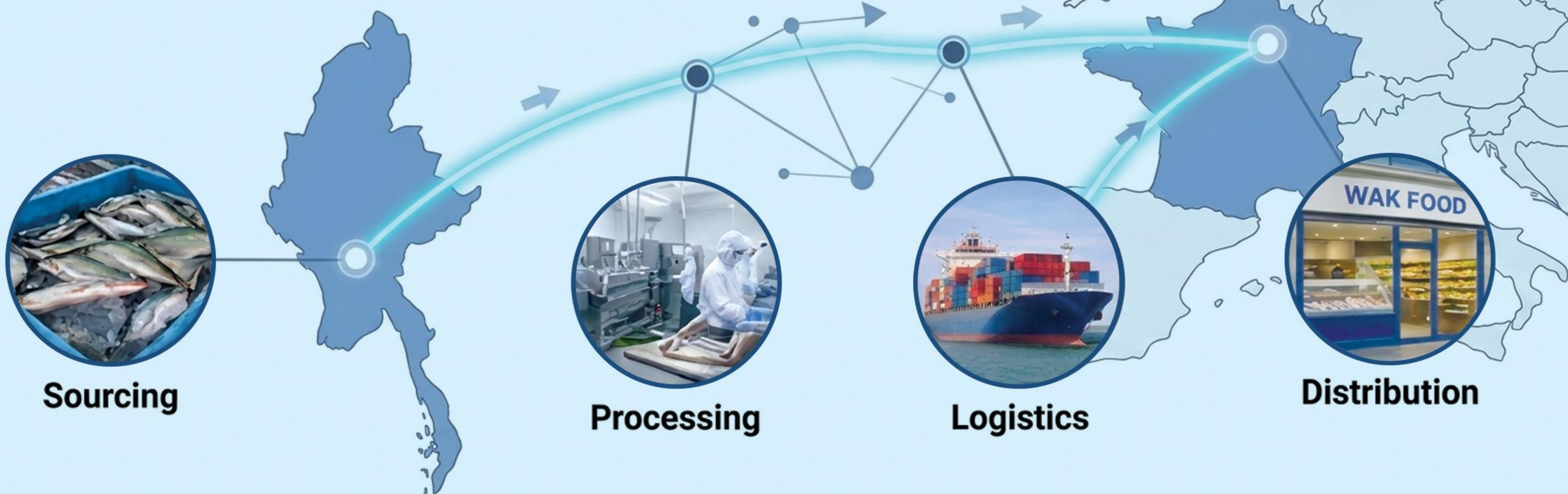


The Sarar fish is a small, oily marine fish widely found in the Indian Ocean and Bay of Bengal. It is highly valued for its rich Omega-3 fatty acids, strong flavor, and high nutritional benefits.

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